

# Warrior at Heart Ministry

## Men's Boot Camp

### Table in the Wilderness, WY

Below is a list of things which are helpful in planning for your life-changing weekend at the Warrior Men's Boot Camp taking place at Table in the Wilderness near Centennial, Wyoming. The focus for the weekend is on both God and you. In fact, we've already started praying for you to receive His absolute best.

**Location:** 38 Old State Hwy 130, Centennial, WY. There will be Warrior at Heart signs at the entry to the Lodge just west of Centennial.

**Date & Time:** Starts Thursday, August 1, at 6pm. Ends Sunday, August 4, 2024, at 1pm.

**Check-in:** Starts Thursday at 3pm. Upon arrival, you will be greeted by the Warrior at Heart and the Table in the Wilderness teams at the lodge and then directed to your housing assignments.

**Meals:** **All meals are provided** beginning with dinner at 6pm, Thursday, and ending with lunch served at 12 noonish on Sunday. If you have special dietary needs contact Jeff Rippey via cellphone, 970-216-6053 or email at [jeff@prayingcowboy.org](mailto:jeff@prayingcowboy.org) **PRIOR** to your arrival.

**Lodging:** The facility is made up of very nice cabins near a beautiful lodge/dining hall. The staff at Table in Wilderness are warm and genuine, while providing superior service.

**Bedding & Towels:** Table in the Wilderness DOES NOT provide towels, bedding, or pillows. Bring personal necessities, sleeping bag, pillows, towels, soap, shampoo, etc.

**Attire:** This is a casual affair, so wear comfortable clothes, while being prepared for it to be warm during the day and much cooler at night.

**Activities:** Available activities at Table in the Wilderness are ropes course, horseback riding, zipline, fishing, hiking, mountain bike riding, and a frisbee course. Some or all of these will be available, or you may just want to spend time quality time with the Lord journaling or decompressing in your cabin.

**Bring Your Bible!**

**Weather and Road Report:** Typically, high temperature for August will be around 80 with the lows being in the mid-40s. Of course, be ready for mountain rainstorms.

**Cell phones and devices:** There is cell phone coverage, but we **strongly** recommend you entirely unplug over the weekend as you use this time to escape from worldly responsibilities and spend it with God.

**Drink plenty of water:** The elevation is little over 8,000 feet. The suggested amount of water to drink is half your body weight in ounces per day to help fend off signs of altitude sickness.

**PRAY UP before you show up:** We have been praying that each of you will come with open hearts and minds in order to receive the ultimate of what God has in-store for you. God wants to give you His absolute best. **Start praying now** by asking the Father, ***"What do you want me to get out of the weekend?"***

**Special note:** We do not have everyone's email address. It's your responsibility to pass this and all future info onto the guests you have invited.

We are looking forward to meeting you and seeing the transformation that awaits in becoming the husband, father, and man God intended you to be.

God Bless,

Pat Ralston

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**And I tell you, ask, and it will be given to you; seek, and you will find; knock, and it will be opened to you.** Luke 11:9 ESV